

HOW TO PLANT & CARE FOR YOUR CHARD



- Start your chard indoors.
- Fill a small container or tray designated for planting with soil. Plant your arugula seeds 1/2" deep.
- Put your seedling in a sunny area and water gently 1-2 times a day.
- Adjust watering as necessary to prevent soil from drying out.
- You should see sprouts in 5-10 days.



- With proper care, seedlings will be ready to transplant at 5-6 weeks. Transplants should have 4-6 mature leaves.
- Gradually introduce your seedlings to direct sunlight for a few hours daily, 1 week before planting outdoors.
- Dig a hole matching the size of the seedlings' roots, place them in, cover with soil, and gently press them in. Space seedlings in 10" rows, 4" apart.
- Note during this period, soil temps should be 45°F or higher.



- Water in the morning and mulch to keep plants hydrated and soil moist.
- Generally chard takes 60 days to reach full maturity.