

HOW TO PLANT & CARE FOR YOUR ARUGULA



- Start your arugula seeds indoors.
- Fill a small container or tray designated for planting with soil. Plant your arugula seeds 1/4" deep.
- Put your seedling in a sunny area and water gently 1-2 times a day.
- Adjust watering as necessary to prevent soil from drying out.
- You should see sprouts in 7-10 days.



- With proper care, seedlings will be ready to transplant at 3-4 weeks.
- Gradually introduce your seedlings to direct sunlight for a few hours daily, 1 week before planting outdoors.
- Dig a hole matching the size of the seedlings' roots, place them in, cover with soil, and gently press them in. Space seedlings in 6" rows, 2" apart.
- Note during this period, soil temps should be 45°F or higher.



- Water in the morning and mulch to keep plants hydrated and soil moist.
- Generally arugula takes 20-50 days to reach full maturity.



IMPORTANT PLANTING DATES

	START SEEDS INDOORS	TRANSPLANT SEEDLINGS	START SEEDS OUTDOORS
ARUGULA	MAR 8 - MAR 23	Apr 13 - Apr 23	Apr 6 - Apr 13
BASIL	MAR 23 - APR 6	May 18 - Jun 1	May 18 - Jun 1
CHIVES	MAR 8 - MAR 23	Apr 13 - Apr 20	Apr 13 - Apr 20
SNOW PEA	MAR 17	April	
CHARD	MAR 23 - APR 6	Apr 20 - May 4	Apr 13 - May 4
CALENDULA (EDIBLE FLOWER)			