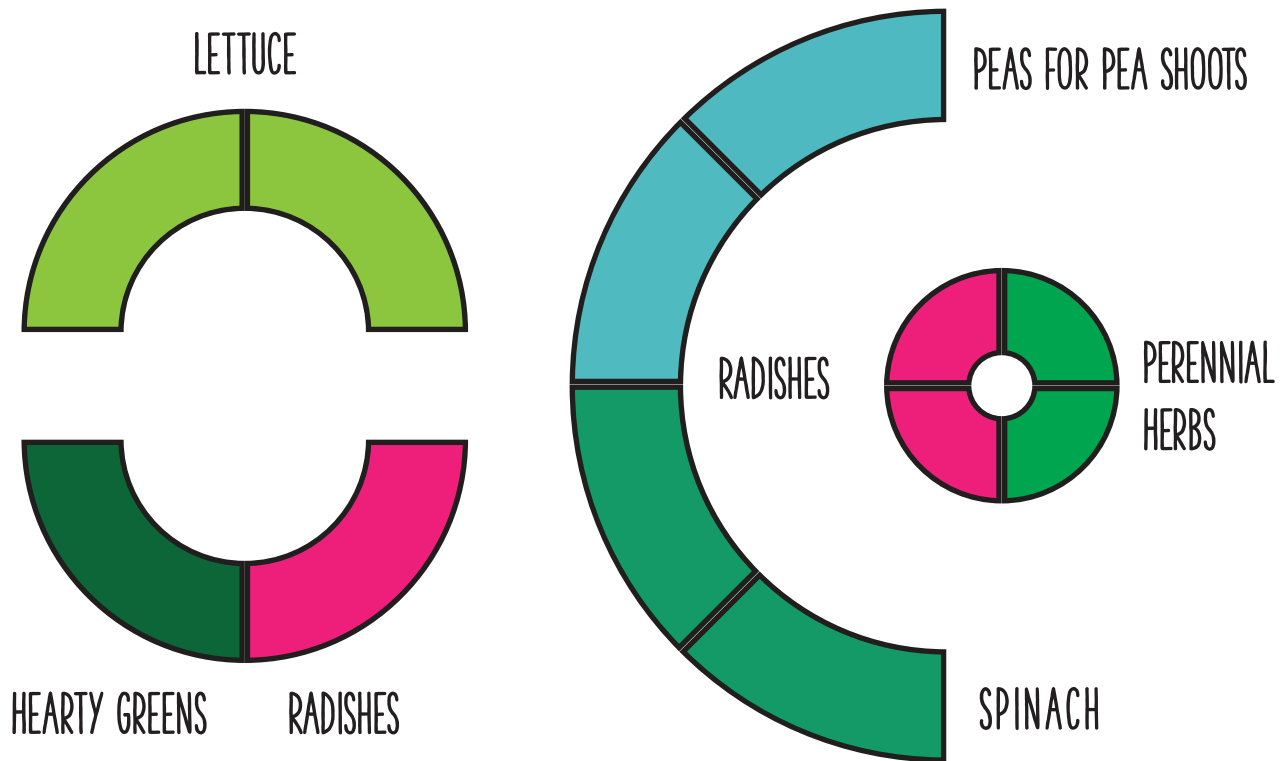


## FALL SALAD GARDEN



## FALL SEASON OVERVIEW

PLANTING DATE: SEPT 1st

<b>AVERAGE FIRST FROST:</b>	October 25	<b>AVERAGE HIGH:</b>	73 (Sept) 61 (Oct) 47 (Nov)
<b>DAY LENGTH (SEPT):</b>	13h 07m	<b>AVERAGE LOW:</b>	58 (Sept) 47 (Oct) 34 (Nov)
<b>DAY LENGTH (OCT):</b>	10hr 23m	<b>AVERAGE RAINFALL:</b>	2.78" (Sept) 2.8" (Oct) 2.2" (Nov)
<b>ZONE:</b>	5b	<b>AVERAGE SNOWFALL:</b>	0" (Sept) 1" (Oct) 1.2" (Nov)

## Fall Salad Garden

Planting Date: Sept 1

### Dwarf Grey Sugar Snap Pea Seeds 30 days to maturity

Seeding: Broadcast seed to 2" spacing

Pea Shoot Harvest Window: Oct 1 - Oct 30

### Breen Lettuce Seeds - 40 days to maturity

Seeding: Broadcast seeding to 1/2 inch spacing

Fall Harvest Window: Oct 10 - Nov 1

### Red Meat Radish Seeds - 25 days to maturity

Spacing: 2 inches

Fall Harvest Window: Sept 25 - Oct 10

### Seaside Spinach Seeds - 50 days to maturity

Seeding: Broadcast seeded to 3" spacing

Fall Harvest Date: Oct 20 - Nov 1

### Kale Seedlings - 45 days to maturity

Planting: 12" spacing

Fall Harvest Date: Oct 20 - Nov 1

### Chard Seedlings - 45 days to maturity

Planting: 12" spacing

Fall Harvest Date: Oct 20 - Nov 1

### Collard Seedlings - 45 days to maturity

Planting: 12" spacing

Fall Harvest Date: Oct 20 - Nov 1

**Click or Scan the QR Codes  
below to view our garden videos**

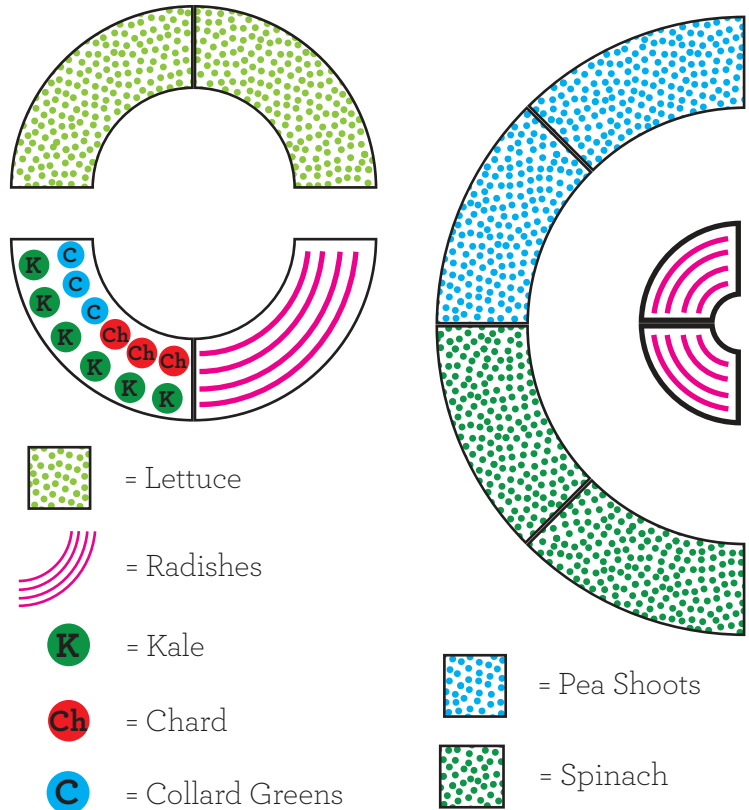
Planting radishes  
and spinach



Planting seedlings

## Example Fall Salad Garden Layout

Use this template to guide you as you plant or harvest your garden



Broadcast seeding  
lettuce and peas



Watering your garden  
with a spray nozzle

Assessing pea shoot growth



Assessing radish growth

**Harvest window dates are estimates and may vary due to your local environmental factors (cold, heat, light, water) and the health and care of your plants.**

**Baby Lettuce - Harvest Window: Oct. 20 - Nov. 15**

Snip or pinch leaves at their base once leaves have reached 3-5 inches in height. Do not pull upwards and uproot the plant during harvest. Once leaves have been harvested, continue to care for plants in order to grow more leaves for a second or third harvest.

**Chard Harvest Window: Oct. 1 - Nov. 20**

Snap or snip outer leaves as they attain a suitable size (5 - 10 inches) Chard will produce leaves consistently throughout the fall and into the winter.

**Collard Greens Harvest Window: Oct. 1 - Nov. 20**

Snap or snip outer leaves as they attain a suitable size (5 - 10 inches) Chard will produce leaves consistently throughout the fall and into the winter.

**Kale Harvest Window: Oct. 1 - Nov. 20**

Snap or snip outer leaves as they attain a suitable size (5 - 10 inches) Kale will produce leaves consistently throughout the fall and into the winter.

**Pea Shoots - Harvest Window: Oct. 10 - Nov. 15**

Snip or pinch the top two inches of newest growth of your pea plants. You can pinch the tender stem off easily if it is ready. If the stem is hard to break, move upwards on the plant to harvest the more tender, newer growth.

**Perennial Herbs - Harvest Window: May - Oct.**

Pinch off leaves by hand, or for larger harvests cut stems with clippers. Fresh herb leaves can be harvested as they grow. Harvest the top 1/3 of plant or only the leafy tips to encourage new growth.

**Radishes - Harvest Window: Oct. 10 - Nov. 15**

Pull the entire plant out of the ground to harvest. Harvest when top of radish root reaches 1-2 inches in diameter. Harvest spring radishes before freezing winter temperatures. Radishes that sit in the ground for a long time will become more spicy and too tough to bite through.

**Spinach - Harvest Window: Oct. 20 - Nov. 15**

Snip or pinch leaves at their base as the plant grows. Be sure not to pull upwards and uproot the plant during harvest. Be aware spinach plants will continue to grow more leaves, so continue your harvests as the plant continues to produce! Spinach harvests can continue until the plants bolt (Bolting is when the plant stems begin to grow vertically to produce flowers).