Back to School Workshop: Session 1
Workshop Series Overview

Session 1 (today):
Fall Preparation & Planting

Session 2 (Thursday 9/24 4PM):
Home Growing Techniques & Activities with Chicago Grows Food (Parents welcome!)

Session 3 (Thursday 10/8 4PM):
Garden and Food Based Lessons for the Virtual Classroom
Workshop Agenda

● Introductions
● Breakout Groups:
  a. Harvesting Summer Vegetables in the Learning Garden
  b. Removing Weeds/Cover Crops in the Learning Garden
  c. Container Gardening + At Home Garden Activities
● Techniques for Virtual Lessons in the Garden
● Q & A
● Wrap Up
Icebreaker

Do you plan to visit your school’s Learning Garden this fall?
Breakout Groups

A: Active Summer Garden

B: Cover Crop/Weeds in the Garden

C: Container Gardening
Changing Your Name-Computer View

Breakout Groups

A: Active Summer Garden

B: Cover Crop/Weeds in the Garden

C: Container Gardening
Changing Your Name - Computer View

Breakout Groups

A: Active Summer Garden

B: Cover Crop/Weed

C: Container Gardening
Changing Your Name-Phone View

Breakout Groups

A: Active Summer Garden
B: Cover Crop/Weeds in the Garden
C: Container Gardening
Changing Your Name-Phone View

Breakout Groups

A: Active Summer Garden
B: Cover Crop/Weeds in the Garden
C: Container Gardening
Breakout Group C: Container Gardening
Breakout Group C: Container Gardening

Benefits of container gardening:

- Ability to grow in small spaces (inside or on a balcony)
- Easily transition from outdoors to indoors
- Great for smaller, fall plants (lettuce, spinach, turnips, radishes, peas)
- Low cost
Container Selection

**Tips:**

More porous container -> stronger roots

Clear containers can be harmful if sunlight gets to roots (use opaque)

Make sure container has enough depth + width for roots to grow
How to Care for Container Veggies

- Use a potting soil designed for containers
- Add compost and/or organic fertilizer
- Water every day for outside containers and 1-2x/week for indoor containers
- If planting seeds, they’ll need to stay moist for about 10 days to germinate
What to Plant in the Fall

- Cold hardy greens:
  - Kale
  - Spinach
  - Swiss Chard
  - Collards
  - Mustard greens
  - Tokyo Bekana
- Root Veggies
  - Turnips
  - Radishes
- Peas
- Cilantro
Learning Garden Activities at Home

Seed starting
Kitchen Scrap Garden
Herb Rooting

These activities and more available at biggreenathome.org!
Techniques for Virtual Lessons in the Garden
Techniques for Virtual Lessons in the Garden

Utilize existing resources & videos:
Techniques for Virtual Lessons in the Garden

DIY Garden Videos

1. Selfie Mode
2. Use a Friend (who is masked & keeps their distance)
3. Film using your phone and add voiceover live or using iMovie editing
4. Live video and demonstrations
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Thank you for joining us!

- Be on the lookout for communications regarding a supply distribution
  - Seeds, fertilizer, at home grow kits.
- Please take a minute to complete our post-workshop survey.
  - [https://forms.gle/NVkVytz8nnC3cPb7A](https://forms.gle/NVkVytz8nnC3cPb7A)
- Tune in for our next workshops:

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