CORN, BLACK BEAN, AND ZUCCHINI SALAD

Ingredients:
8 oz corn (canned or frozen is fine; if frozen, cook ahead of time)
8 small zucchinis
1 red onion
½ yellow, red, or green pepper
2 tomatoes
1 can black beans (or other beans)
1 bunch cilantro
Salt & Pepper

Lime dressing:
2 limes
¼ cup olive oil

Optional:
Hot sauce to taste
Garlic powder to taste or fresh garlic

Instructions:

1. Cut the yellow squash or zucchini into 1-inch pieces and sauté until cooked throughout.
2. Dice the red onion, tomatoes, and peppers. Add to bowl.
3. Mix in the corn and beans.
4. Chop or rip the cilantro (about ¼ cup)
5. Add as much garlic powder and hot sauce as you like.
6. Mix the lime and olive oil for the dressing and dress the salad.

Optional: Add in any available greens or herbs from the Learning Garden, including pea shoots, lettuce, radishes, chives, green garlic, spinach, or arugula.