If growing food is not an option during the summer when school is not in session, grow a cover crop of edible flowers, potatoes, and legumes!

**CLIMATE AND SEASON**

<table>
<thead>
<tr>
<th></th>
<th>June</th>
<th>July</th>
<th>August</th>
<th>September</th>
<th>October</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AVERAGE HIGH:</strong></td>
<td>75</td>
<td>81</td>
<td>79</td>
<td>73</td>
<td>61</td>
</tr>
<tr>
<td><strong>AVERAGE LOW:</strong></td>
<td>60</td>
<td>66</td>
<td>65</td>
<td>58</td>
<td>47</td>
</tr>
<tr>
<td><strong>AVERAGE PRECIP:</strong></td>
<td>4.06”</td>
<td>3.39”</td>
<td>3.15”</td>
<td>2.72”</td>
<td>2.8”</td>
</tr>
<tr>
<td><strong>HRS OF SUNSHINE:</strong></td>
<td>300</td>
<td>333</td>
<td>299</td>
<td>247</td>
<td>216</td>
</tr>
</tbody>
</table>

**PLANTING DATE:** June 1st

**AVERAGE FIRST FALL FROST:** Oct 10
SUMMER COVER CROP GUIDE

SUGGESTED PLANTING DATE: JUNE 1

**Sunflower Seeds:** 70 days to maturity  
Harvest Window: Sept 10 - Oct. 30

**Bachelor Button Seeds:** 80 days to maturity  
Harvest Window: Sept 1 - Fall Frost

**Nasturtium Seeds:** 60 days to maturity  
Harvest Window: August 1 - Fall Frost

**Northeaster Beans:** 80 days to maturity  
Harvest Window: Sept. 20 - Fall Frost

**Scarlet Runner Seeds:** 60 days  
Harvest Window: Sept 1 - Fall Frost

**Sweet Potato Slips:** 80 days to maturity  
Depth: Bury slip, leave green tip exposed

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Click or Scan the QR Codes below to view our garden videos

- Planting seeds with a classroom
- Broadcast seeding
- Watering with a hose and spray nozzle
- Watering with your drip irrigation system
- Tilling in a cover crop

Apply cover crop layout to the right to beds colored orange.

= Sweet Potatoes  
= Summer Cover Crop (Mixed Beans and Flowers)  
= Perennial Herbs

N = Nasturtium  
SF = Sunflower  
= Bachelor Button  
= Scarlet runner bean  
= Northeaster bean  
= Sweet potato slips

Cover Crop of Peas and Oats:  
Broadcast seeds to a 2 inch spacing