## SPRING SALAD GARDEN

- **Baby Lettuce**
- **Spinach**
- **Radishes and Peas**
- **Onions and Cilantro**
- **Peas for Pea Shoots**
- **Garlic**
- **Strawberries**
- **Perennial Herbs**
- **Seasonal Selection Herbs**

### SPRING SEASON OVERVIEW

**PLANTING DATE:** APRIL 1st

<table>
<thead>
<tr>
<th><strong>AVERAGE LAST FROST:</strong></th>
<th>April 21 - 30</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DAY LENGTH (APRIL):</strong></td>
<td>12hr 40m</td>
</tr>
<tr>
<td><strong>DAY LENGTH (MAY):</strong></td>
<td>14hr 47m</td>
</tr>
<tr>
<td><strong>ZONE:</strong></td>
<td>5b</td>
</tr>
<tr>
<td><strong>AVERAGE HIGH:</strong></td>
<td>63 (April) 73 (May)</td>
</tr>
<tr>
<td><strong>AVERAGE LOW:</strong></td>
<td>43 (April) 53 (May)</td>
</tr>
<tr>
<td><strong>AVERAGE RAINFALL:</strong></td>
<td>3.78” (April) 5.03” (May)</td>
</tr>
<tr>
<td><strong>DAYS OF PRECIPITATION:</strong></td>
<td>12 (April) 13 (May)</td>
</tr>
</tbody>
</table>
### Salad Garden Planting

**Planting Window:** April 1 - April 15

<table>
<thead>
<tr>
<th>Seed Type</th>
<th>Days to Maturity</th>
<th>Spacing</th>
<th>Harvest Window</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pea Seeds</strong></td>
<td>30 Days to Pea Shoots</td>
<td>2 inches</td>
<td>May 1 - July 1</td>
</tr>
<tr>
<td></td>
<td>60 Days to Peas in Pods</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Lettuce Seeds</strong></td>
<td>40 Days to Maturity</td>
<td>Several Seeds per inch</td>
<td>May 10 - June 15</td>
</tr>
<tr>
<td><strong>Lettuce Seedlings</strong></td>
<td>45 Days to Maturity</td>
<td>6-8 inches</td>
<td>May 15 - June 15</td>
</tr>
<tr>
<td><strong>Radish Seeds</strong></td>
<td>25 Days to Maturity</td>
<td>1.5 inches</td>
<td>May 1 - May 20</td>
</tr>
<tr>
<td><strong>Onion Seedlings</strong></td>
<td>100 Days to Maturity</td>
<td>4 inches</td>
<td>September</td>
</tr>
<tr>
<td><strong>Cilantro Seeds</strong></td>
<td>35 days to maturity</td>
<td>2 inches</td>
<td>May 5 - June 15</td>
</tr>
<tr>
<td><strong>Spinach Seeds</strong></td>
<td>35 days to maturity</td>
<td>2 inches</td>
<td>May 5 - June 15</td>
</tr>
<tr>
<td><strong>Scallion Seeds</strong></td>
<td>50 days to maturity</td>
<td>2 inches</td>
<td>May 20 - June 15</td>
</tr>
</tbody>
</table>

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### Example Salad Garden Layout

- **Pea Seeds for peas and for pea shoots**
- **Lettuce Seeds**
- **Radish Seeds**
- **Cilantro Seeds**
- **Onion Seedlings**
- **Spinach Seeds**
- **Scallion Seeds**

- **Planting Peas**: These peas are grown with no trellis to harvest pea shoots in May.
- **Planting Radishes, Cilantro, and Spinach**: These peas are grown on a trellis to harvest peas in June.

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- **Setting up a Trellis for your Peas**
- **Watering Your Garden with a Spray Nozzle**

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- **Planting Lettuce**
- **Planting Lettuce Seedlings**
**Sensory Garden Planting Info**
Suggested Planting Date: April 1

**Perennial Herbs:** Sage, Oregano, Thyme, and Chive Seedlings:
40 Days to Maturity
Spacing: 8 inches
Harvest Window: Full Garden season
Care: Harvest regularly to promote good growth of new leaves.

**Seasonal Selection:** Each season our team will be choosing a new plant to feature based on local interest and availability.

**Strawberry Seedlings:** Fruit matures throughout the summer
Care: Trim ‘runners’ to promote fruit growth.
To Harvest, pluck fruits when fully red

**Garlic (overwintered)**
Spacing: 8 inches
Garlic Scapes Harvest Window: April - May
Garlic Bulbs Harvest Window: June - July

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**Example Sensory Garden Layout**
Use this template to guide you as you plant your Sensory Garden

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**Perennial Herbs**
- **Ch** = Chives
- **Or** = Oregano
- **Th** = Thyme
- **Sa** = Sage

**Seasonal Herbs**
- **S** = Strawberries

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**Planting Seeds with Students**

**Watering with Irrigation**

**Watering by hand**
Be sure to keep your soil evenly moist

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**Harvesting Garlic Scapes**

**Mulching your Garden**

**Introduction to Herb Garden**
Harvest window dates are estimates and may vary due to your local environmental factors (cold, heat, light, water) and the health and care of your plants.

**Cilantro Harvest Window: April 1 - May 20**
Harvest leaves by pinching or cutting leaf stems once leaves have reached 2-4 inches in length. Be sure not to uproot the plant during harvest. Expect multiple harvests with 2-3 weeks between harvests.

**Garlic Scapes Harvest Window: May 15 - June 15**
Harvest garlic scape by snapping or cutting the central stem of the garlic plant with a knife or scissors just above the upper leaves. Harvest the garlic scape as the top of the scape forms a full circle and before the scape straightens out to extend fully vertical.

**Lettuce (Baby Leaves) Harvest Window: May 10 - June 15**
Snip or pinch leaf stems once leaves have reached 3-5 inches in height. Do not pull upwards and uproot the plant during harvest. Once leaves have been harvested, continue to care for plants in order to grow more leaves for a second or third harvest. Expect 3 weeks between harvests.

**Lettuce (Full Heads) Harvest Window: May 10 - June 15**
Head lettuce can be harvested two ways; by individual leaves, or by the whole head. Harvest individual leaves by bending them down at their base beginning with the outermost leaves and moving inwards. Harvest the whole head by cutting through the stem at soil level with a strong knife. Harvesting individual leaves will let the plant continue to grow. Harvesting the whole head of lettuce results in one single harvest.

**Pea (Pods) Harvest Window: June 1 - July 15**
See Summer Harvest Guide.

**Pea (Shoots) Harvest Window: May 1 - June 1**
Snip or pinch the top two inches of newest growth of your pea plants. You can pinch the tender stem off easily if it is ready. If the stem is hard to break, move upwards on the plant to harvest the more tender, newer growth.

**Perennial Herbs Harvest Window: April 15 - End of Season**
Pinch off leaves by hand, or for larger harvests cut stems with clippers. Fresh herb leaves can be harvested as they grow. Harvest the top ⅓ of plant or only the leafy tips to encourage new growth.
Radishes Harvest Window: May 1 - May 20
Pull the entire plant out of the ground to harvest. Harvest when top of radish root reaches 1 inch in diameter (about the size of a quarter). Harvest spring radishes before hot summer weather. Harvest radishes before they bolt stems begin to grow vertically to produce flowers.

Spinach Harvest Window: April 1 - May 20
Snip or pinch outer leaves at their stems as the plant grows. Be sure not to pull upwards and uproot the plant during harvest. Be aware that these plants will continue to produce more leaves, so harvest leaves as they grow to be the correct size! Harvest spinach plants before they bolt and stems begin to grow vertically to produce flowers.