Dig into Real Food!
Ways to enjoy fresh snacks from your Learning Garden

No-Cook Classroom Recipes
Try one of our simple & delicious Tasting Activities with your class! Tasting Activities are a great way to demo no-cook meal preparation & enjoy fresh produce with your students.

Send it Home
Students can bring fresh organic produce home that they grew! Our simple cooking & food prep guides help incorporate healthy produce into their favorite home recipes.

Garden-to-Cafeteria
Feature produce in your cafeteria & share it with the whole school! The Kitchen Community will help you identify district guidelines & plan harvests with cafeteria staff.

Tasting Tours in the Garden
Graze on fresh produce directly from your Learning Garden. Check out our activity guide for instructions on how to lead your very own tasting tour.

Farm Stands
Looking for a short-term project connected to the Learning Garden? Follow our simple guide to create a farm stand & share your harvests with parents, neighbors, & others in your school community.

What is "Real Food"?
Real food is food that we can trust to nourish our bodies, our communities & the environment.

Remember to use safe food handling practices
- Always wash your hands before harvesting or handling produce!
- Review your district’s garden-to-cafeteria policy.
- Download safe food handling guidance from reputable sources like the USDA.

www.thekitchencommunity.org